



**2022:  
Year in Review  
Committed to GO FAR!**



# Dear GO FAR Family,

As we look back on 2022, two questions come to mind: Who greatly impacted you in 2022? If you had to pack your whole year into two simple words, which would you choose?

The two words we chose were COMMITMENT and JOY.

We stayed COMMITTED to our goals of empowering children to reach their full potential in mind and body and to fall in love with living active lifestyles. We were filled with JOY in doing so because we believe that children are entitled to proficiency in their health literacy. This equips them with the appropriate knowledge to make the best choices for themselves, throughout their lives!

Who greatly impacted us in 2022?

Firstly, our **PARTICIPANTS**. The JOY upon each of their faces crossing the finish line was infectious. We found their tenacious COMMITMENT impressive and awe-inspiring! And the JOY participants (young, old, or anywhere in between) expressed about having the GO FAR races back in full force was unmatched!

Our **COACHES**. Their ability to inspire, lead and teach our young participants to take the action to find their JOY is rare and invaluable. The impact they make by spending time to teach children lessons about caring for, pushing, and loving their bodies is one that lives with children for the rest of their lives. We couldn't be more grateful for having spectacular individuals to fulfill this role.

Our **VOLUNTEERS**. Not one race would be possible without the brave individuals that wake up at the crack of dawn on race mornings to help create an amazing experience for our participants. Each person who volunteered in 2022 had their hands on the races that were presented to the community, and they were all the better because of that!

Our **SPONSORS AND PARTNERS**. Support and involvement from our sponsors and partners have empowered the GO FAR family to help children GO FARther each and every year.

**YOU**. The GO FAR races, the community, and the health education experience children receive are all unique, due to your involvement. You are a piece to our puzzle, and we wouldn't be the same without you.

They say it takes a village, and we are so grateful that you are a part of our village that made the success of 2022 possible. The support and willingness of the community to go above and beyond for one another has driven our organization since 2003, and we are proud to continue impacting the lives of children and their families every year since. Thank you for being a part of the GO FAR Family!

Sincerely,

Your Friends at GO FAR

# Our Vision

It is our vision to ignite a passion for healthy living among children, families and communities.



# Our Mission

**Our MISSION is to empower children through an innovative running program to achieve their goals and pursue healthy lifestyles.**

**GO FAR helps to...**



get children active



show children how to set and achieve goals and complete a 5K road race



model the importance of good character and how it applies to success in life



teach children about healthy eating habits that they can sustain into adulthood



reduce the incidence of childhood obesity and its complications



**2,565**

**Registered Runners**  
for our Spring 2022 and  
Fall 2022 Race plus  
thousands of spectators,  
vendors, and volunteers!

**222**

**Registration Scholarships**  
provided to make our race  
as accessible so all  
children may have the  
opportunity to GO FAR!

**341**

**Pairs of Shoes**  
donated to our  
participants in need of  
proper footwear through  
our Lace Up Program!

# Our IMPACT

**150**

**Event Volunteers**  
at our races that make our  
events possible!

**55**

**Coaches**  
That implement the  
program and lead their  
teams to finish-line  
success!

**39**

**Participating Clubs**  
in schools and after-  
school programs in the  
Triad!

A young boy with short, dark hair is smiling broadly and waving his right hand towards the camera. He is wearing a light grey t-shirt with the words "TO GO AHEAD" visible at the bottom. The background is slightly blurred, showing other people, including one wearing a bright yellow safety vest. In the top right corner, there is a white text box with a black border containing a quote.

"It was really fun but really hard. **At first I wanted to give up but then I wanted to keep going** and there was people cheering me on so that's why I kept going. When I heard that we were almost done I **WAS SO HAPPY!** **When I crossed that finish line I was proud of myself.**"

TO GO AHEAD

# Active Clubs

Alderman Elementary  
Allen Jay Elementary  
Archdale Elementary  
Archer Elementary  
Brooks Global Studies  
Claxton Elementary  
Deep River Recreation  
Center

Fairview Elementary  
Florence Elementary  
Franklinville Elementary  
Guilford eLearning  
University Prep  
High Point Christian  
Academy  
Jefferson Elementary

John Lawrence  
Elementary  
Johnson Street Global  
Studies  
Jones Elementary  
Kirkman Park  
Elementary  
Millis Road Elementary



Morehead Elementary  
New Market  
Elementary  
Northwood  
Elementary  
Oak Hill Elementary  
Oak View Elementary  
Oakview Recreation  
Center  
Piney Grove  
Elementary

Rankin Elementary  
Rich Acres Elementary  
Southmont Elementary  
Southwest Elementary  
Swann Middle  
The Experiential School  
of Greensboro  
The Salvation Army  
Boys & Girls Club of  
High Point  
Thomasville Primary

Triangle Lake  
Montessori  
Trindale Elementary  
Trinity Elementary  
Washington  
Montessori  
Wesleyan Christian  
Academy



# Our Partners



*High Point Athletic Club (HPAC) runners volunteering as "Race Angels" to guide and cheer on young participants on the race course!*



*Fleet Feet staff measuring participants' feet for the Lace Up Program*

Communities in  
Schools High Point  
Fleet Feet Greensboro  
& High Point  
High Point Athletic  
Club  
High Point Fire  
Department  
Growing High Point  
High Point Police  
Department  
HPU Athletic Training  
Department  
HPU Black Student  
Union  
UNCG Nutrition Club  
Wesleyan Cross  
Country  
Westchester Country  
Day



# Our Sponsors



Creative Snacks  
Coke Consolidated  
Dale Williams Family  
Foundation  
Dave Cooke Realty  
Davis & Goldberg Orthodontics  
Davis Furniture  
Fastenal  
Fleet Feet Greensboro & High  
Point  
Hamilton Lakes Lions  
High Point Community  
Foundation  
Lindsay Commercial Properties  
Foster Family Foundation

Mickey Truck Bodies  
Northwood Animal Hospital  
Piedmont Triad Ambulance  
& Rescue  
Pinnacle Financial Partners  
Sheetz  
The City of High Point  
The Congdon Family  
Foundation  
The Joint Chiropractic  
The Hayden-Harman  
Foundation  
Triad Pediatrics  
Vann York Buick GMC  
Wicked Crisps



# Board of Directors

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**Chris Patrick**

**Maria Rodriguez**

**Cameron Smith**

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# Get Connected!



**P.O. Box 6041**  
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**[gofarclub.org](http://gofarclub.org)**